



Welcome to Cervantes Bariatrics

Life-Changing Weight Loss Surgery in Tijuana



Expert Care You Can Trust

+12
Years of excellence

+15,000
Successful surgeries

5 Star
Patient Reviews

Premium Medical Tourism

World-Class Care at a Fraction of the US Cost

Why pay double for healthcare when you can receive superior, personalized treatment just across the border? **We are THE OPTION** for safe, affordable, and transformative weight loss solutions in Tijuana.

Led by Dr. Cervantes, our clinic combines over 12 years of **excellence with the highest safety standards.**

For us, you are never just a patient you are family.



15,000+
Successful Surgeries

Complete All-Inclusive Package

The Cervantes Difference

- ✓ Preoperative Evaluation (EKG & Lab work)
- ✓ 1 Preoperative Night (Guest House / Hotel)
- ✓ Consultation w/ Dietitian & Personalized Menu
- ✓ Companion / Guest Stay Included
- ✓ 2 Nights of Hospitalization (Sleeve, Bypass, Mini Bypass)
- ✓ Postoperative Medications (Pain relievers, antibiotics, antacids)
- ✓ Private Transportation (San Diego Airport - Hospital/Hotel)
- ✓ Continuous Post-Care Support



WE ARE "THE OPTION"



BEFORE



AFTER



START YOUR JOURNEY TO A BETTER VERSION OF YOU *with us*

Excellence in Bariatric Care

Our Procedures

We utilize the most advanced, minimally invasive surgical techniques to ensure your safety, comfort, and long-lasting weight loss success.

Gastric Sleeve

Ready to feel lighter and regain your energy? Let's discuss if this is your best next step towards a healthier you.

Mini Gastric Bypass

Looking for an effective metabolic reset with minimal downtime? See how this streamlined approach can help you reclaim your best self.

Gastric Bypass

Tired of managing chronic health conditions and complex weight issues? Explore this comprehensive, gold-standard solution for lasting wellness.

SASI

Searching for a comprehensive, innovative procedure with impressive results? Ask about this cutting-edge option for your transformation.

Revision Surgery

Is your previous weight-loss journey stalling or complicated? Find out how our expert team can help you get back on track for good.

Start your journey with a **free** consult.

Accredited Medical Center

Centro Medico Premier

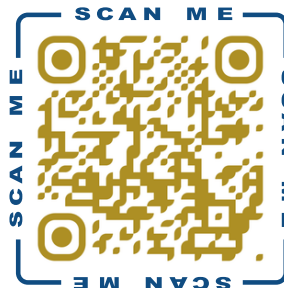


- One of Tijuana's most prestigious and advanced medical centers.
- Fully equipped with cutting-edge surgical technology and an Intensive Care Unit.
- Delivering the highest level of bariatric care, comparable to top American hospitals.

Exclusive Patient Retreat

Alfa Guest House

A safe, spacious, and relaxing sanctuary where your journey begins. After we pick you up from the San Diego airport, you and your companion will arrive at Alfa Guest House. Enjoy comfortable beds, Wi-Fi, TV, board games, and the chance to connect with fellow patients in a welcoming, home-like environment designed exclusively for your comfort.



World Class metabolic and bariatric surgery in Tijuana.



Tijuana, Mexico



US / CAN Toll-Free(619) 831-5212



Mexico Line+52 (664) 518 1751



www.drcervantesbariatric.com



What Is Obesity?

Understanding Obesity & Bariatric Surgery



Take Action
Make It
Happen

Obesity is a chronic, progressive disease that affects multiple organ systems and dramatically increases the risk of **type 2 diabetes, high blood pressure, heart disease, sleep apnea, joint degeneration, and certain cancers.** It is a medical condition that requires medical treatment.

BMI Classification

Who Is a Candidate for Bariatric Surgery?

BMI Range	Classification
25 – 29.9	Overweight
30 – 34.9	Obesity Class I
35 – 39.9	Obesity Class II
40 – 49.9	Morbid Obesity
50 – 59.9	Super Obesity
> 60	Super Super Obesity

- ◆ BMI ≥ 40 regardless of comorbidities
- ◆ BMI ≥ 35 with at least one obesity-related condition (type 2 diabetes, hypertension, sleep apnea, etc.)
- ◆ BMI ≥ 30 with severe metabolic disease (case-by-case evaluation)
- ◆ Prior failed attempts at sustained weight loss through diet and exercise
- ◆ Commitment to lifestyle changes and long-term follow-up



Getting Here

Surgery Day & Logistics

You will fly into San Diego International Airport (SAN). **Our private driver will pick you up directly from the airport and transport you to Centro Médico Premier in Tijuana,** just minutes from the border. You may bring one companion who will stay with you throughout.

- Arrive** Fly into SAN (San Diego Airport). Arrive the day before your surgery between 3:00 PM – 7:00 PM.
- Transport** Private driver picks you up at arrivals. He will contact you before your trip to confirm pickup details.
- Late Arrivals** Flights arriving after 7:00 PM or departures before 12:00 PM on discharge day incur a \$75 driver surcharge, payable in cash.
- Return Flight** Schedule your departure from SAN after 12:00 PM on discharge day to allow time for border crossing.
- Documents** U.S. citizens must carry a valid government-issued ID (passport or driver's license + birth certificate or Social Security card) for re-entry into the U.S.